



Perry Public Library Bedtime Storytime



Sleepytime Tales

Stories we shared:

Kiss Goodnight: by Amy Hest
 The Night Before Christmas: by Clement Moore
 Here Comes Santa Claus: by Gene Autry

Goodnight Moon: by Margaret Wise Brown
 Christmas Lights: by Ann Fearington

Other books you may enjoy sharing at bedtime:

Sleepy Bears: by Mem Fox
 K is for Kiss Goodnight: by Jull Sardegna
 Clifford's Bedtime: by Norman Bridwell
 Bedtime Everybody! By Mordicai Gerstein
 Snoozers: by Sandra Boynton
 How many kisses good night: by Jean Monrad
 Northern Lullaby: by Nancy White Carlstrom
 Night Tree: by Eve Bunting
 Hush: a Thai Lullaby: by Minfong Ho
 Lullaby for Emily: by David Kheridan
 Guess how much I love you: by Sam McBratney
 Good night Pillow Fight: by Ellen Weiss
 When the moon is high: by Alice Schertle
 Night Night Little one: by Angela Mcalister
 You are my miracle: by Maryann Love
 Night night cuddly bear: by Martin Waddell
 Ship of Dreams: by Dean Morrissey
 Animals Lullaby: by Tom Paxton
 Get Dressed Santa: by Tomie DePaola
 Night Cars: by Teddy Jam
 Froggy goes to bed: by Jonathan London
 Enormous snore: by ML Miller
 Napping House: by Audrey Wood
 Hushabye: by John Burningham

Ten Wishing Stars: by Treesha Runnels
 Bedtime! By Ggwenyth Swain
 Bedtime: by Kate Duke
 Backyard Bedtime: by Susan Hill
 How do dinosaurs say goodnight: by Jane Yolen
 The Polar Express: by Chris Van Allsburg
 Big Red Barn: by Margaret Wise Brown
 A moon in my teacup: by Anita Riggio
 Vegetables go to bed: by Christopher King
 Sun's asleep behind the hill: by Mirra Ginsburg
 Can't you sleep little bear? by Martin Waddell
 Sheep Asleep: by Gloria Rothstein
 Hushabye Lily: by Claire Freedman
 One Wide Sky: by Debbie Wiles
 Goodnight Princess Prune Toes: by Lisa Mccourt
 Night Lights: by Steven Schnur
 Sleep rhymes around the world: by Jane Yolen
 Going to bed book: by Sandra Boynton
 Into the night: by Deborah Heiligman
 William and the Night train: by Mij Kelly
 The deep blue sky twinkles with stars: by C. Szekeres
 Why cowboys sleep with their boots on: by L. Knowlton
 Daddy's Lullaby: by Tony Bradman
 Z Z Zoink! By Bernard Most

Songs and rhymes to share:

Hushabye Street

Bedtime

Time for bed, time for bed
 Fluff up the pillow, (make fluffing motions with hands)
 Lay down your head. (palms together, hands to side of face)
 Tuck it in tight. (pull imaginary blanket up to chin)
 Close your eyes (close eyes)
 And sleep all night. (snore)

Here is a Baby

Here is a baby (index finger)
 Ready for a nap
 Lay her down in her mother's lap. (place finger in palm)
 Cover her up so she won't peek; (curl fingers around index finger)
 Rock her till she's fast asleep. (rock)

The Chimney

Here is the chimney (make a fist)
 Here is the top (other hand over fist)
 Open the lid (remove hand)
 Out Santa will pop! (pop out thumb)

Tired Little Elves (count on fingers)

Said this little elf "I'm as tired as can be"
 Said this little elf "My eyes can hardly see"
 Said this little elf "I'd like to go to bed"
 Said this little elf "I want to rest my head"
 Said this little elf "Come climb the stairs with me"
 1, 2, 3, 4, 5 they tiptoed
 Just as still as sill could be (tiptoe fingers)

Appalachian Lullaby

Twinkle Twinkle Little Star

Star light, star bright,

Star light, star bright,
 First star I see tonight,
 I wish I may, I wish I might,
 Have the wish I wish tonight.

My Stocking

When Santa fills my stocking (pretend to fill stocking)
 I wish that I could peek (peek through fingers)
 But Santa never ever comes (shake head)
 Until I'm fast asleep (rest cheek on folded hands)

Night Rhyme (point to body parts)

Go to sleep little toes you've worked hard all day
 Go to sleep little legs you've run hard and played
 Go to sleep little hands you're always so busy
 Go to sleep little arms being small isn't easy
 Go to sleep little ears there's so much to hear
 Go to sleep little one there's nothing to fear
 (give big hug)

Twinkling Stars

At night I see the twinkling stars
And a great big smiling moon
My mommy tucks me into bed
And sings a goodnight tune
(sing "Twinkle Twinkle Little Star")

Ring the Bells

(sing to "Row Row Row your Boat")
Ring, ring, ring the bells
Ring them loud and clear
To tell the children everywhere
That Christmas time is here!

Christmas Bells (count on fingers)

Five little jingle bells hanging in a row
The first one said "ring me slow"
The second one said "ring me fast"
The third one said "ring me last"
The fourth one said "I love to chime"
The fifth one said "It's Christmas time!"

Dear Old Santa

(to the tune of "London Bridge")
Guess whose beard is long and white
Long and white, long and white
Guess whose beard is long and white
Dear old Santa!
Repeat with
Guess whose boots are shiny and black
Guess whose hat is fuzzy and red
Guess whose pack is full of toys...

He'll Be Comin' Down the Chimney

(sing to "She'll be comin round the mountain")
He'll be comin' down the chimney when he comes
He'll be comin' down the chimney when he comes
He'll be comin' down the chimney
He'll be comin' down the chimney
He'll be comin' down the chimney when he comes
Repeat with:
He'll be driving eight brown reindeer...
We will all be snoring and sleeping...
But we'll leave him milk and cookies...

Christmas Star (sing to "Twinkle Twinkle Little Star")

Twinkle twinkle Christmas star
Way up high is where you are
Shining bright for all to see
On the tiptop of our tree
Twinkle twinkle Christmas star
Way up high is where you are

Santa is Back

Two merry blue eyes (point to eyes)
A cute little nose (point to nose)
A long snowy beard (stroke chin)
Two cheeks like a rose (rub cheeks)
A round chubby tummy (rub tummy)
A big bulging sack (touch shoulders and back)
Hurray for old Santa! (clap hands)
We're glad that he's back!

A Twinkling Star craft to do at home ...

Supplies needed:

Yellow construction paper
Craft Stick / popsicle stick
Crayons
Glitter
Glue / Glue stick

Directions:

1. Cut out 2 stars from paper
2. Decorate with crayons
3. Glue on either side of stick – glue all points together
4. Decorate with glitter



***The man in the moon looked out of the moon, looked out of the moon and said...
It's time I think for all good children to think about going to bed!***